## CIPHI OBSERVER



Saskatchewan Branch Newsletter

Winter 2020

#### **President's Message**



**Hello Members!** 

I am excited to write my first newsletter address to you. I hope that you are enjoying the winter weather in your own comfortable way. My theory is that if it is going to be cold; bring on the snow so we can at least enjoy some winter activities! My family and I are hoping to get out sledding, skating, ice fishing, and skiing. Let's face it, the hot chocolate and warm blanket are way better after you have spent the day outside!

Fall of 2019 was very exciting for me. The top of my list was being elected as President of this amazing branch! Even though I have only been in this role for a short time, I have been learning so much. In these past months I have had some really great interaction with members. Everything from well wishes to great advice. I feel well supported and able to put my best foot forward as your branch President to represent you at the National Executive Council (NEC) table. This position has opened my eyes to the National perspective of CIPHI. I am incredibly lucky to get to work with the amazing branch Presidents from across the country. It is motivating to be surrounded by people who are passionate and devoted to our profession. As I prepare for my first face to face NEC meeting of 2020, I am excited to see where I fit in with the team. I am already a member of the Advocacy Committee and I can tell you that there are amazing projects on the go that will take shape in 2020. I can't wait to share it with you when it is all ready to go!

Looking into 2020, we held our first face to face meeting as the new executive at the end of January. I see a great group of people on the executive and am very excited to work with them. I can't wait to see what great ideas they come up with and what direction they want to move in going forward. We will be looking at conducting a policy review with hopes of updating and improving some existing policy. We will also be exploring some constitutional changes to both better align our constitution with that of the CIPHI National By-laws, as well as looking at adding a president elect position. We have been working very hard to incorporate Google Drive into our operations. This allows us to be completely independent from our employers with our branch work. We are going to get the planning process started for our 13<sup>th</sup> annual Professional Education and Development Seminar in Regina this year. Here's to a successful and prosperous new decade!

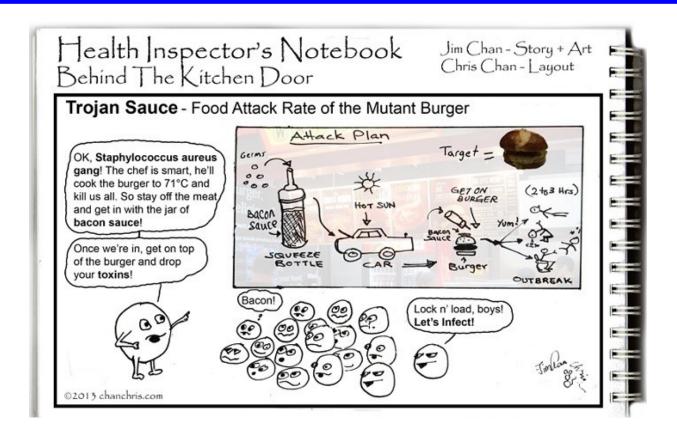
Take Care!

**Bradford Giesbrecht** 

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# And the Member of the Year Award goes to... I'M WEBSTER!

It is our honor to nominate Jim Webster for the member of the year award in 2019. Jim has previously been recognized for outstanding service in particular for his work with clients who live outside of societal norms, as well as for his ability to form relationships with other staff and departments. Jim has made a concerted effort to raise the profile of the profession, and im-



prove the image of PHIs among health region senior leadership and the general public. Jim has also been recognized by the region as a passionate advocate for clients who experience barriers to care. While Jim's tireless work ethic and dedication to the profession are unquestionable, Jim's most significant contribution has been his development and support of staff. Jim provides the vast majority of training, support and advice to new hires and typically provides extensive support for the first 24 months that a new inspector is working, including for staff who have previous work experience in the field. Given the breadth of responsibilities undertaken by PHIs in the area, Jim rightly believes that a novice inspector is unable to perform the full range of job duties in west central Saskatchewan until they have worked for a full two years. Jim thus provides extensive support to new staff members in all areas of public health. This includes advice regarding the writing of reports, letters, and orders, direct interactions with clients and the public as well as technical and regulatory support in every area of work performed by PHIs. Jim spends a significant amount of time responding to staff questions, reviewing reports and letters as well as giving constructive feedback. Jim does this while fully aware that the person he is training will not be working within the region in a couple of years. Jim considers it a responsibility to the future of the profession that new hires are adequately supported so that they may reach their full potential, while raising the level of competency of the profession overall. In addition to providing advice and support, Jim is always willing to provide ongoing support to all PHIs, regardless of their employer. This characteristic means that Jim continues to receive emails and phone calls from EPHPs throughout the country who were formerly employees of Heartland Health Region. The fact that EPHPs actively seek Jim's advice regarding situations occurring far away from Saskatchewan, speaks to the remarkable value that Jim's opinion provides. Over the years, Jim has been quietly recognized as the reason that the former Heartland Health Region PHIs became passionate, competent and effective. Jim transformed an underperforming program to a highly regarded program in the eyes of the former region, has gained the trust of senior leadership, and has been a sage advisor to all of his staff both past and present. Jim's contribution to the profession in the area of staff development cannot be measured, but will continue to impact the profession for decades to come. It is our honor to recommend Jim Webster for the member of the year award for 2019.

## The Saskatchewan Branch Student Membership Awards



The Saskatchewan Branch believes that students enrolled in their final year of a program that will lead to them becoming public health inspectors should be assisted

through membership. The Saskatchewan Branch will cover the cost of a CIPHI student membership for any qualified applicant who is in the final year of a Board of Certification accredited program.

The 2019 recipients were: Olasoji Awoyera, Rasheedat Bakare, Opeyemi Oyekunke and Abimbola Olaobaju.

Congratulations to all of you!







The 12th Annual PEDS was held on October 29 and 30, 2019 at the Sheraton Cavalier in beautiful Saskatoon, SK. The event was well attended on both days and overall, we received very positive feedback. Thank you once again for those that volunteered their time to help organize and put on such a great event. Also, thank you to all that were able to attend the conference, even if it was just across town. And a big thank you to all of our sponsors and exhibitors. Without member and sponsor support we wouldn't be able to put on such a high quality event.

My deepest thanks to our employers who allow us the time to attend these events. Attendance allows our members to gain professional development hours and increase our knowledge so that we can do the work that we do better than we have ever done it.

The diversity of presenters shows how much support we have from the agencies that we work for. Our keynote speaker Dr. Julie Kryzanowski and speaker Dr. Simon Kapaj with the Saskatchewan Health Authority were not only able to do presentations but were also able to spend time with us to better know our program. Kelsie Dale from the Ministry of Health worked very hard with the Saskatchewan Food Industry Development Centre to provide us with a course to help us understand our role in milk pasteurization. This presentation was sponsored by the Ministry of Health. Mohamad ElRafihi provided an informative housing presentation. He along with the group of Environmental Health Professionals from the Tribal Councils and Indigenous Services Canada are always supportive of CIPHI Provincially and Nationally and this support is greatly appreciated. Last but not least, those members that took their time to put together presentations for us to share their experience and knowledge are always the most popular.

Our social night, which consisted of pub trivia, was well attended again this year and a great time was had by all. Thank you to Poulin's Pest Control who continue to sponsor our social nights. Our PEDS takes a lot of time and effort to put together. If you have an

interest in helping out or have an idea for a presentation or sponsor, we welcome your input. As always, feel free to reach out to anyone on the executive, or directly to me if you would like to help or have some great ideas. Our members are the reason we work so hard organizing the event, as we want you to get the best education and networking experience during the event. Thank you again for supporting our event time and time again.

Sincerely,
Bradford Giesbrecht, PEDS Education Chair



## The 12th Annual Professional Education

## and Development Seminar





THE CIPHI SK BRANCH WOULD LIKE TO THANK THE FOLLOW-ING SPONSORS FOR THEIR SUPPORT DURING THE 2019 PROFESSIONAL EDUCATION AND DEVELOPMENT SEMINAR























SASKATCHEWAN RESEARCH COUNCIL









EVENT PHOTOS



2019-2020 CIPHI SK Branch Executive. L-R- Michael Hayduk (Councilor), Paul Ross (Treasurer), Kevin Kapell (Past President), Bradford Giesbrecht (President), Michael McCann (Councilor), Health Henderson (Councilor), Kelsie Dale (Councilor), Kristin Waroma (Secretary)



























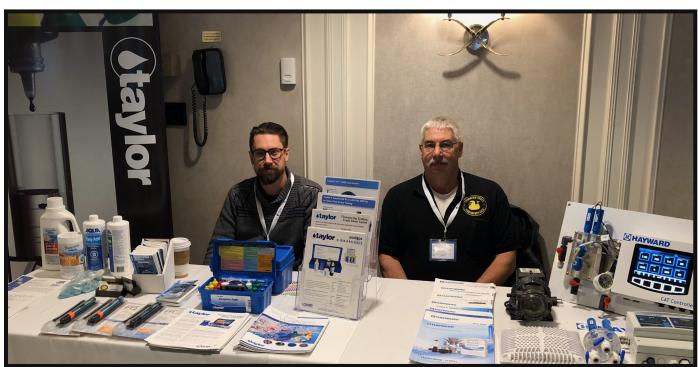






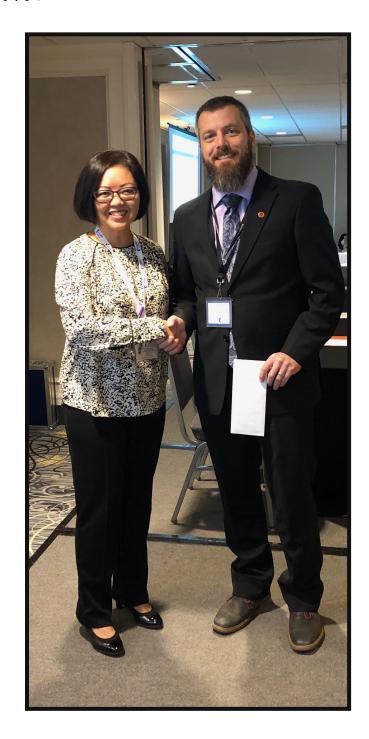
















## CIPHI Annual Education Conference Halifax/Dartmouth Nova Scotia September 8-11, 2019

The 2019 Annual Education Conference (AEC) took place in Dartmouth/Halifax, Nova Scotia, September 8-11, 2019. National Executive Council, Board of Certification and Council of Professional Experience meetings occurred over the weekend conference. The Saturday prior to the conference, hurricane Dorian hit the region. For a prairie boy who had not seen a hurricane in real life, this was quite the eye opening experience.

The night before the hurricane hit, we followed the locals' lead and stocked up on food and water at a local grocery store. The Saturday morning of the meetings, it seemed to be just another rain storm. By noon, the wind had picked up to a point where watching how much the trees blew outside of the window was becoming a distraction. Some of us "brave" souls ventured out into the rain and wind and were nearly swept away. By 3pm that day, the power went out and was out for about 42 hours.

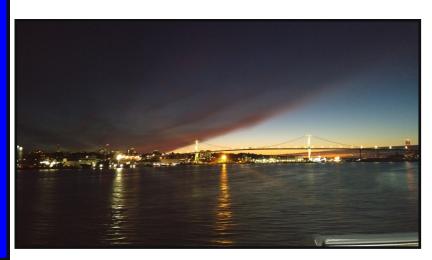
Registration on the Sunday evening was done with back-up generator lights on. The Monday morning opening remarks for the conference were done in the semi-dark and no one was sure when the power was going to be restored. Rather than be defeated by this turn of events, the organizers quickly and calmly came up with an adjusted education schedule that could be done without power. Just as the opening remarks were coming to a close, the power came back on. After another quick adjustment by the organizers, the full conference was back on and running.

Overall the conference was another great event put on by the NS/PEI Branch, members of the NEC and other CIPHI volunteer members from across Canada. The educational line-up and keynote speakers were excellent. There were many great

sponsors and exhibitor booths. The social event was a lobster dinner followed by a boat tour of the harbor and was a blast. There were 11 SK Branch members who were able to attend the conference.

The conference chairs, which consisted of our own Kari-Engele-Carter (National President), Vanessa Nickelo (NS/PEI Branch President) and Sara Baird (NS/PEI Branch Past President) as well as the NS/PEI branch volunteers and other volunteers from across the country that worked so hard to make this event a success (even with a hurricane!) deserve a ton of credit and recognition for what they were able to achieve.

- Kevin Kapell





# CIPHI Annual Education Conference Halifax/Dartmouth Nova Scotia

EVENT PHOTOS

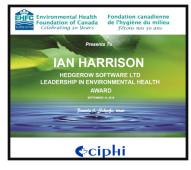


**2019 National Executive Council** 

Congratulations to Ian Harrison who won the Hedgerow Software Leadership in Environmental Health Award!

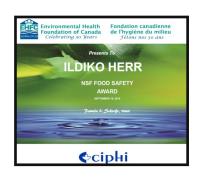


Right to Left: Pam Scharfe, Ian Harrison, Neil



Congratulations to Ildiko Herr who won the NSF Food Safety Award!





# CIPHI Annual Education Conference Halifax/Dartmouth Nova Scotia

Here I Am! Rock You at the AEC!

What a way to ring in the start of an Annual Educational Conference for the 2019 CIPHI – Hurricane Dorian, albeit downgraded, welcomed the delegates with relatively stormy weather that featured strong winds and rain with a sizable helping of extended power outage on September 7, the day before the meet and greet. Thankfully, my brother and fellow inspector, Arden Georget, arrived before the storm on September 6, which allowed us to stock up on emergency rations like the infamous "Storm Chips" (i.e. normal chips purchased in large quantities in preparation for a significant storm) that I initially thought

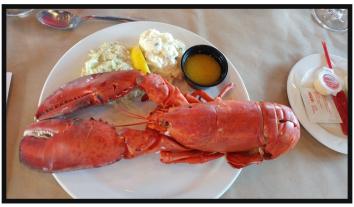


was a joke. However, these "special" chips were intensely recommended and described by Gus Skinner, the Victoria BC native and cruise ship inspector, educator and consultant *extraordinaire* who graciously chauffeured Arden, Tony and I from the Halifax Airport to the DoubleTree hotel; it's amazing how much luggage and people that can fit into a Ford Focus.

Along came Dorian to say "hello" about mid-day on September 7, so everyone hunkered down in the hotel, meetings still occurred, and the pre-conference camaraderie flourished in spite of the inclement weather (Please don't tell anyone, but I "borrowed" some coffee from one of the meeting rooms). Given the very low light situation, we practiced very careful and considerate bathroom etiquette with the help of complementary glow sticks from the very helpful staff at the Double Tree hotel that hosted the conference on the Dartmouth side.

Post storm on Sunday, Arden and I enjoyed a beautiful and windy walk over the bridge to Halifax proper whereby one could tell which businesses had power by the gargantuan line-ups of people needing their understandable coffee fix. We discovered that power was quite spotty throughout the area based on the burial depth and overall installation of power lines throughout – challenges of maintaining an aging infrastructure in one of Canada's oldest port cities. Fallen trees, strewn debris and even the collapse of a very large crane were evidence that nature still has the "trump card" and thereby dictates the necessity of emergency response planning. After a candlelight meet and greet that night, many were uncertain and worried about the feasibility of a "powerless" conference. To our great relief power was restored during the night and the conference was a go. Sincere and heartfelt thanks to all those persons (hotel staff, planning committee, trades persons, etc.) who tirelessly worked to produce a very successful conference despite the immensely challenging situation. I couldn't imagine the added stress to conference planning and execution when basic issues arise let alone with no power and all of those cell phones needing charging. The charging battery that I brought served quite well during those sketchy couple of days.

#### Here I Am! Rock You at the AEC! (continued)



Beginning on Monday September 9, the conference kicked off in full force featuring a very dynamic talk by Stuart Knight, which greatly helped fan the flames of that "professional fire" that many us have to nurture and maintain. It can be tough during the daily grind to consistently stay motivated and passionate dealing with various personal and work challenges, but it all starts with knowing that we're not perfect and that there's always available help around us. It's the same basic principle of helping oth-

ers in much greater need, such as those clients struggling with addictions and other mental health challenges, as evidenced during the opioid crisis discussion. We have to foster a stronger network of heightened emotional intelligence, empathy and willingness to help. As health inspectors and environmental health professionals we have a fantastic opportunity to influence and improve positive, healthy behaviour – if charity starts at home then so does better health.

The lobster dinner and boat tour at Murphy's was of course a fantastic highlight allowing us "flatlanders" to get messy by enjoying a lobster dinner; given my lack of refinement I could've used a rain poncho instead of just a bib, but that's what hot water and napkins are for to clean the crustacean splatter. A beautiful sunset near George's Island helped usher the celebration to the boat tour that involved great music, friendly crew and of course libations enjoyed in moderation. Most of the participants could've enjoyed a few more hours on the tour, but it was a really fun experience while it lasted.

The end of the 2<sup>nd</sup> day's excellent presentations featured the President's Banquet, which consisted of a very delicious meal of salmon and chicken, and a couple of rip-roaring comedians, one of which made a colorful description of what he thought of Dorito's "Sweet Chili Heat" flavour – I'll never think of them in the same way. Since there was no seating plan we had the great opportunity to visit with newly introduced colleagues and now friends. In addition to the very informative presentations that covered all topics from food security/safety, health inequities, air quality issues (forest fires, radon, and nitrogen dioxide in rinks), beach sampling, etc., it is always nice to meet colleagues from across the country and share knowledge and tales from the "trenches" as it were. This always helps reinforce the fact that we aren't perfect, but we can utilize the inspiration and knowledge of these new connections to improve ourselves as dynamic environmental health professionals.

Overall, the 2019 CIPHI Conference Planning Committee did the nigh impossible by planning and executing a very successful conference despite enormous challenges influenced by the very environment that we're continuing to protect for the health of all. It's a reminder that we have a closely intimate relationship with Mother Nature, one that demands respect and an obligation on our part to continually improve our efforts for a healthier world, whether it's the ever important hand washing practices to protect a client, or making a more concerted effort in recycling – it's all connected and the CIPHI AEC greatly emphases this crucially vital fact. Bravo and much thanks to the Planning Committee and emergency responders to provide a highly successful and comfortable conference experience.

Sincerely and warm regards,

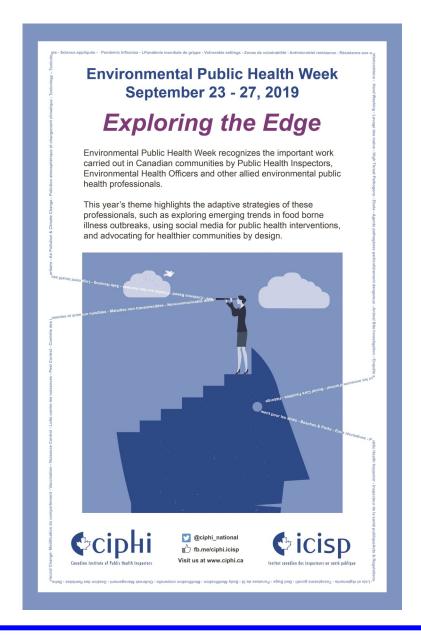
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## CIPHI Annual Education Conference Halifax/Dartmouth Nova Scotia

#### **Bradford Giesbrecht**

I have not stopped talking (Just ask my friends and co-workers) about this year's Annual Education Conference (AEC) in Halifax, NS! It was an amazing opportunity for me to go sit and observe the National Executive Council (NEC) and attend the AEC. When I sit across the table from the provincial branch representatives, I see a dedicated group of hardworking people who not only speak for their representative branches but also have a passion to move CIPHI, as a national organization, forward. As members of this amazing organization, we are truly lucky to these people working for us. I have formed many friendships within the NEC and keep in touch with them on a daily basis. The conference planning committee deserves all of the credit in the world. They managed to put on an amazing educational conference with a great social event in the face of major adversity. Did you know that there was a hurricane? I don't know if they planned it or not, but having the power come back on, after 3 days, in the middle of the opening keynote speaker was brilliant! The opening keynote speaker and Master of Ceremonies for the event was Stuart Knight. Stuart has a great perspective on life and self-improvement. I believe that I have even referred to him as my spirit animal. His two critically acclaimed books "You Should Have Asked – The Art of Powerful Conversation" and "The Madness of My Mind" are extremely valuable and worth reading. We were very lucky to have him at the event taking part in all of the activities and getting to know us. Attendees of the conference were treated to fantastic speakers all three days of the event. My personal favorites were the presentations done by employees of the First Nations Health Authority – British Columbia. I was inspired by the approach that they take to work with their communities. They are collaborating with their public to implement safe and sustainable food practices that meet the cultural needs of their stakeholders. Did you know that there was a hurricane! I am pretty sure that she didn't pay her registration fee, but Dorian showed up anyway. Never in my life did I think that I would have the opportunity to experience a hurricane. Luckily, she didn't hurt, or worse, any people in Nova Scotia. On Friday night, a group of us wandered across the street to the No Frills to grab our hurricane chips (and other food) before the impending hurricane. I survived on fruit, pepperoni sticks, cheese and raisin bread. There was anxiety amongst those that were there on Saturday, we didn't know what to expect. Around noon on Saturday, the weather started to get more and more threatening. The craziest of us all, may or may not have been led by myself, ventured outside into the storm. Being a born and bred Saskatchewanian, I am used to wind but I have never felt wind like this (I'll show you some videos if you want!). Early in the afternoon, the power went off and didn't come back on until Monday. You will be impressed to know that your NEC worked through the hurricane and power outage and didn't stop until the garbage cans started to float past the windows and it was too dark to see our papers. The food was amazing, the drink plentiful and the company better than I have ever had.





Environmental Public Health Week was proclaimed throughout Saskatchewan and Canada from September 23rd to September 27th. This years' theme was "Exploring the Edge". To promote the celebratory week, the Saskatchewan Branch utilizes a policy to reimburse regions for the purchase of a cake to be shared with PHIs and other health care professionals in their office. Below are photos of public health offices throughout the province celebrating our awesome profession.



**Foam Lake Office** 



**Melfort Office** 



**Sunrise Health Region** 

EVENT PHOTOS



**Saskatoon Office** 



**Indigenous Services Canada Office** 



**Regina Office** 

EVENT PHOTOS



**Weyburn Office Staff** 



**Rosetown Office** 





### Provincial Proclamation of Environmental Public Health Week



GOVERNMENT OF SASKATCHEWAN

# Certificate of Recognition

I, Jim Reiter, Minister of Health in the Province of Saskatchewan in exercise of the powers conferred upon me, do hereby designate the week of September 23 - 27, 2019 to be:

"Environmental Public Health Week" in Saskatchewan

And I request the citizens of the Province of Saskatchewan to recognize this week.

Dated at the City of Regina this 5<sup>th</sup> day of September, 2019.



MINJ8TER CONTRACTOR

## CIPHI Membership Renewal for 2020

Reminder if you have not already done so to renew your CIPHI membership for 2020. Please visit their website at:

http://www.ciphi.ca/pdf/apply-en.pdf



## SASKATCHEWAN BRANCH

## GRAPEVINE NEWS

Welcome Baby Boy Jacques!





Amanda Ding(PHI) and Nicolas Jirot welcomed Jacques Jirot to the world on May 3, 2019 at Cypress Regional Hospital in Swift Current!

Big sister Julia loves taking care of her little brother. Jacques is growing strong and loves to give everyone big smiles!

We wish everyone a fun, safe and awesome year!



## SASKATCHEWAN BRANCH

### GRAPEVINE NEWS





Nicole has accepted a temporary term as the Saskatoon office PHI Manager. She has taken a leave from her work with the Ministry of Health and looks forward to spending time in her hometown. She previously worked as the PHI manager in the La Ronge office. In her free time she enjoys running.

Suad Farah is the new public health inspector based in Nipawin and covering for Chelsey Chabot's maternity leave. She is from Toronto and a recent graduate from Ryerson. Welcome to SK Suad!





Rittu Gill joined the Saskatoon office in Summer 2019. Welcome to Saskatoon Rittu!

### SASKATCHEWAN BRANCH MEMBER BIOS



**Bradford Giesbrecht** BASc, CPHI(C) Public Health Inspector President – Swift Current



**Kevin Kapell**, BASc, CPHI(C) Public Health Inspector Past President – Rosetown

My adventure into the world of Environmental Public Health began in 2002 where I attended the 4 year program at the British Columbia Institute of Technology. I completed the program in 3 years, working practicums in Swift Current and Rosetown. In the spring of 2005 I moved to Rosetown to start my career and received my certification in the fall of 2005. I stayed and worked in Rosetown as a field inspector until the fall of 2008. I was fortunate enough in the fall of 2008 to get a field position in my hometown of Swift Current, where I have been ever since. I became the Senior Public Health Inspector in the former Cypress Health Region in 2016. As the Senior Public Health Inspector, I enjoy working with my team to make improvements to "the way that we have always done it". I am truly lucky to have a team of hard working, intelligent inspectors that challenge me at every turn, as well as a supportive manager that is always ready to take on any challenge.

I obtained my BASc in Environmental Health and Science at the First Nations University of Canada/University of Regina in the spring of 2007 and obtained my CPHI(C) in the fall of 2007. Since that time, I have been employed by the former Heartland Health Region/current Saskatchewan Health Authority as a field Public Health Officer. I have worked in rural offices in both Outlook, SK and Rosetown, SK and cover a large rural area in west central Saskatchewan.

My interest in CIPHI started after I attended both the Annual Education Conference in Regina in 2006 and the provincial conference in 2007 both organized by SK Branch. Seeing those dedicated volunteers working hard to put on 2 great events really inspired me to get involved. I have been a part of the CIPHI SK Branch executive since being elected to a councillor position in 2011. I served as the President of CIPHI SK Branch from the fall of 2017 and concluded my term October 29, 2019. I was appointed to the position of CIPHI National President Elect October 31, 2019 and will be the National President starting January 1, 2021. I currently live in Rosetown, SK with my wife Amanda and my son Aiden. When I am not working or volunteering for CIPHI, I coach both hockey and baseball, play recreational hockey, golf, travel and spend time at our cabin.

### SASKATCHEWAN BRANCH MEMBER BIOS



**Heather Henderson,** BASc, CPHI(C) Councilor Community Health Services Building – Weyburn

I was born and raised in Regina Sask. I spent my childhood at our family farm outside of Qu'Appelle and our cottage at Last Mountain Lake. I moved to Alberta after High School but missed the prairies and returned in 2003. My love of Environmental Health started in 2004 when I took an internship though the Federal Youth Sector with the Food Inspection Agency in Animal Health and Meat Hygiene. I was supposed to be shadowing the office assistant but the Inspectors took me under them and inspired me to go in to Environmental Health.

I graduated from the Environmental Health and Science Program at First
Nations University in 2012. I completed my practicum and worked as a student with Saskatoon Health Region right after graduation. In the summer of 2013 I took a position with the Sun Country Health Region and I have been here ever since. In my spare time my two young boys, Teigan 8 and Colt 2, keep me very busy with hockey, lacrosse, kids rodeos, horse shows and 4H. I am the assistant general leader of my sons 4H beef club and volunteer with the local dinner theater, Minor Hockey and the Agricultural Society. My favorite thing to do is ride my two horses Honey and Foxy. I compete in the Deep South Barrel Racing Series and the Saskatchewan Barrel Racing Association. I am very excited to join the CIPHI SK branch executive and look forward to this new challenge.



**Kelsie Dale**, BSc, BEH, MPH, CPHI(C) Councilor Ministry of Health Office

Kelsie Dale is the Food Safety Consultant for the Ministry of Health in Sas-katchewan. She is responsible for leading the development of legislation, regulations, policy, procedures, and collaborations for all things food and personal services related. Kelsie holds a B.Sc. in Biology from the University of Regina, a B.E.H. (AD) from Concordia University of Edmonton, and a Master of Public Health (MPH) from Brock University. She has been a CIPHI member since 2007. After completing her practicum in rural Alberta, Kelsie began her health inspection career in the former Heartland Regional Health Authority. She maintained her membership and connection to the public health profession even when her career path took a detour in 2011 when she left health inspection to become an environmental consultant in the oil and gas industry.

After a couple of years of great experience and long hours, Kelsie returned to the field of health inspection in as the regional public health inspector based in Cardston, Alberta. She then went on to specialize as a communicable disease investigator within the environmental health program across Southern Alberta. Kelsie took on the Alberta Health Services South Zone Communicable Disease Control Coordinator role in 2016. She worked hard to continue to develop the program that has become one of the most effective and efficient EPH CDC programs in Alberta today. In 2019, she happily returned to her home town of Regina to pursue her current position with the Ministry of Health. She is excited to have the opportunity to join the CIPHI Saskatchewan Brach executive council and to contribute to the promotion of the profession. Kelsie lives in Regina with her daughter, Kaleigh. Together they enjoy travelling, spending time at the lake, and participating in various activities including art classes, swimming, sparks, and soccer.

## SASKATCHEWAN BRANCH

## <u>MEMBER BIOS</u>



Kristin Waroma, Senior Public Health Inspector

Executive Secretary
Weyburn Office



Michael Hayduk, B.Sc.A, CPHI(C) Councilor Nipawin Office

Kristin Waroma is currently the Senior Public Health Inspector in Weyburn Saskatchewan and the SK Branch executive secretary. Kristin went to Weyburn for her 12 week practicing in 2008 and 12 years later she is still there. She has been active on the SK branch executive for many years in a councillor role and has taken over the role of secretary in 2019.

In her personal life Kristin spends her time with her husband, Fred, and her two young kids, Ayana and Arie. She enjoys taking her kids to activities like swimming, dance and soccer. Kristin travels with her family as much as time and money will allow and is always looking for new adventures. Kristin looks forward to contributing to the provincial CIPHI work through her new secretary roll.

I was born in Prince Albert, SK and raised on a farm just south of the city. After high school, I attended the University of Saskatchewan where I received a degree in applied microbiology from the College of Agriculture. After working at the Provincial Vet Lab in Regina for a year, I wanted to further my education in a field where I could also apply my degree. One of my colleagues at the lab recommended becoming a Public Health Inspector. After checking into the profession, I applied and got accepted into BCIT in the summer of 1995. During schooling, I was fortunate enough to have two summer practicums. The first was in Prince Albert, and the second was in Surry, BC. After my second practicum ended, I had a six-month temporary fulltime position in Prince Albert in the fall of 1997. I was certified in the spring of 1998 and have been employed in Nipawin since April 1998.

I have two teenage children, Riley and Alysha, who keep me busy with their activities. During the summer I spend a lot of time at Tobin Lake camping and fishing, as well as horse backing riding with Alysha. During previous winters, I would spend a lot of time at the arena with Riley's hockey. Now that his minor hockey career is over, I plan on getting into more ice fishing at Tobin Lake, along with tending Alysha's horses.

I have been involved with the Branch as the newsletter editor for four years and also as a councilor. I'm currently in my second term as a councilor. I enjoy my time on the branch executive and would recommend members become active on the executive when the opportunity becomes available.

#### SASKATCHEWAN BRANCH MEMBER BIOS



Michael McCann, CPHI(C) Councilor Regina Office

Hello CIPHI SK Branch members.

I am proud to say I have been a CIPHI member since I was a student at BCIT. I graduated with a diploma in Public Health Inspection and a degree in Environmental Health.

I was fortunate to secure a practicum position in Kamloops BC under the watchful eye of Chief PHI Ken Christian, today known as the Honourable Mayor of Kamloops and then a second practicum in Richmond BC under the guidance and direction of Chief PHI Mr. Kelvin Higo.

I returned home to Regina where I was a field inspector and practiced the roles of our profession in both the City of Regina and rural Saskatchewan. I held the position of Senior PHI and today I am currently in the role of Supervisor of the Environmental Public Health Department, in the Regina office with the SHA. I am appreciative that I was recently re-elected to serve our branch and I look forward to working with the newly elected executive to serve our members.

Sincerely,

Michael McCann, CPHI(C)



**Arik Pasternak**, B.Sc, BASc, CPHI(C) Public Health Inspector Newsletter Editor – Kindersley Office

#### Hello SK branch members!

I graduated from Ryerson's School of Occupational and Public Health in the Spring of 2018 and completed my student practicum just north of Toronto with the Regional Municipality of York. I received my CPHIC) certification in the fall of that year and moved to Kindersley last spring where I was offered a permanent position as a PHI. It has definitely been an adventure transitioning from Toronto to rural SK but thanks to the guidance and mentorship of the wise Jim Webster and the very patient Kevin Kapell I am experiencing a steep learning curve in discovering the unique programs rural inspectors administer; i.e I had absolutely no clue what a wet vent, or a jet disposal was before I got here.

Since moving to the prairies I also got to experience my first rodeo in Kerrobert and more recently, the infamous 50 below 0 temperatures I'd been hearing so much about! My involvement in CIPHI began when presented with the chance to become your newsletter editor; so far it's been a great experience and I hope to one day assist in the administration of the CIPHI BOC exams.

### SASKATCHEWAN BRANCH MEMBER BIOS



Paul Ross, Treasurer Prince Albert Office

Paul was raised in Saskatoon and attended BCIT, Burnaby, 1986-1988 and graduated with Diploma Technology. He completed the Cape Bretton - Bachelor Health Sciences Degree in 2009. Work History includes Estevan District Inspector 1988-1990, and Prince Albert District Inspector 1990-2003. For the past 16 years, Paul has been the Regional Manager of Public Health Inspection for the Prince Albert Area.

Paul has served as Treasurer for the CIPHI – SK Branch for approximately 11 years. The SK Branch has grown over this time to offer an expanded list of products for PHI's and RHA's to use in the practice of our profession. The PEDS seminar has grown over this time and continues to offer relevant and timely training for Provincial PHI practitioners.

Paul lives in Prince Albert, SK, with his wife Rose. Their five children, seven grandchildren and 2 pups keep their spare time filled with activities and celebrations.

When not chasing grandkids around, Paul likes to participate in Rec. hockey, sailing, golfing, snowmobiling, soft and hard water fishing, traveling and hanging out with his lovely wife.

## SASKATCHEWAN BRANCH

## RETIREMENTS



Leslie Rea, PHI Manager, from Saskatoon







#### Canadian Institute of Public Health Inspectors – Saskatchewan Health Authority

Paul Ross, Treasurer

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**Bradford Giesbrecht, President** 

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