# **Access to Traditional Foods**

By Casey Neathway

In 2016, the B.C. Aboriginal Child Care Society (BCACCS), in partnership with Provincial Health Services Authority, completed a study titled Increasing Indigenous Children's Access to Traditional Foods in Early Childhood Programs (https://www.acc-society.bc.ca/wp-content/uploads/2018/06/Increasing-Indigenous-childrens-access-to-traditional-foods\_full-report.pdf). This report interviewed key informants and identified a number of systemic and policy barriers to the use of traditional / Indigenous foods in licensed child care settings in B.C., including the limitations posed by section 11 of the Food Premises Regulation, requiring all foods in permitted facilities to originate from "approved sources".

As a follow up to this work, BCCDC, First Nations Health Authority (FNHA), and Ministry of Health are working in partnership to explore phase two: increasing access to traditional foods in publicly-funded facilities. This work will expand upon the foundational work completed by BCACCS in phase one to explore barriers to the use of traditional Indigenous foods in facilities that receive some public (e.g. provincial) funding to operate, such as child care facilities, community care and assisted living facilities, and hospitals. Similar to phase one, the group will hold multiple engagement sessions with key informants, including individuals with a background in food services in these facilities, Indigenous Knowledge Keepers, and Environmental Public Health Professionals. These engagement sessions will not only look at what barriers exist (including a check-in to confirm that those identified in Phase One are still relevant), but also to prioritise Indigenous voices in receiving recommendations for how access to these vitally important foods can be increased.

To ensure this work is done in a good way, and that the engagement sessions are safe and comfortable places for participants to speak their truths, Environmental Health participants and stakeholders from each B.C. Health Authority have been participating in a multi-week cultural safety workshop, led by Qwustenexun of Cowichan Tribes and Fiona Devereaux of Island Health. This cultural safety work provides background, context, and learnings for participants on the importance of traditional foods to First Nations; the impacts of colonialism and systemic rac-

ism on the ability to access, use, and consume these foods; and the roles of Environmental Health Officers (and the provincial food safety system) in contributing to those barriers. Given how well the training has been received so far, CIPHI National is working with Qwustenuxun and Fiona to hold a webinar in June as part of the 2022 Education Series, and exploring opportunities for additional cultural safety and hu-

# **HIGHLIGHTS IN THIS ISSUE**

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Access to Traditional Foods continued...

-mility training as part of future years' CIPHI education offerings.

First Nations Health Authority

As this work continues, we are excited about the opportunities to increase environmental public health professionals' awareness about the importance of traditional foods, and how all parties can work in partnership to increase their availability. Further, this is a step toward developing strong, sustainable partnerships between organisations, facilities, and First Nations communities to support strong, safe, sustainable Indigenous food systems.

# **News from BCIT**



**Rear (Left to right):** Phoebe Chan, Shey Adikari, Yoli Chen, Remy Kuo, Seulbi Lee, Randy Teters, Jessi Smith, Happy Sumal, Jagjeet Singh, Tobias Doniec

Middle (Left to right): Aman Dhaliwal, Angela Wong, Scott Truong, Zoe Deboer Front (Left to Right): Evan Houle, Sophie Turner, Simmi Sandhu, QiQi Ren, Bren-

dan Fitzgerald, Wasim Mohammed Nazir



# 2022 CIPHI NATIONAL ANNUAL EDUCATIONAL CONFERENCE

Hosted by the Durham Region Health Department

We are excited to announce that the Durham Region Health Department has resumed planning for the 2022 CIPHI National Annual Educational Conference collaboratively with CIPHI Ontario! Public health has faced many challenges in the last 2 years during this unprecedented time so we look forward to celebrating with our public health professionals for their dedication and ongoing efforts during the pandemic. The conference will be held in Ajax, Ontario from September 11-14, 2022. The theme, "Share the Vision, Transform Tomorrow" will provide public health professionals from across Canada the opportunity to connect and share ideas that will help shape the future of public health.

We have renewed our contracts with all keynote speakers. Be prepared to be **Inspired** by Lieutenant-General (ret), The Honourable Roméo Dallaire, an advocate for human rights, author, government and UN advisor, and former Canadian Senator. You will be **Empowered** by Dr. Nicole Blackman, a Nursing Manager who brings Indigenous teachings to public health and the community at large. Lastly, you will be **Engaged** by Steve Patterson. Steve is best known as the host of CBC's "The Debaters" and HGTV's "I Wrecked My House", and he will teach us to bring humour everywhere, from the workplace to our homes.

Early bird registration begins on April 19, 2022. For information and updates about the conference visit our website **www.CIPHIDurham2022.ca** and follow us on Twitter @ciphi\_national or Instagram ciphi.ontario and use #CIPHIDurham2022, #CIPHI2022 and #ShareTheVision2022. Looking forward to seeing everyone in person again at the 2022 CIPHI National Annual Educational Conference.



Canadian Institute of Public Health Inspectors 86th National Annual Educational Conference

Sept. 11-14, 2022

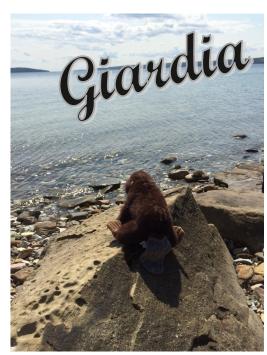
Ajax Convention Centre, Ajax, Ont.





# Giardia's Corner

Hello Environmental Public Health Professionals. We've made it through the first quarter of 2022 and Earth Day has just passed us by. The theme for 2022 was aptly Invest in Our Planet. Climate change has continued to rage on while many of us were distracted with other global impacting events. Hopefully you took a moment to acknowledge Earth Day on April 22nd, but if not, consider the actions you can take in your day-to-day life but also in your day-to-day work. As an Environmental Public Health Professional you have a big voice and ample knowledge. Spread the word that the planet needs us all to take action! Walk to an inspection when you can, spread the word about water conservation, and support your local government in their efforts against climate change.



We can all do our part: what will you do?

# This could be you...

# You — Environmental Public Health Professional

Q1: What school did you go to for the ENVH program? What year did you graduate?

A1: Where you went to school, YEAR.

Q2: Where have you worked and what roles have you been in throughout your career?

A2: The lovely location your office is at with one of our many Health Authorities (or maybe a fun partner organization like BCCDC or NCCEH).

Q3: What is one of the most memorable moments or situations in your career so far?

A3: When you joined the BC Branch Executive.

Q4: As an EHO/PHI, one of your primary roles is to look for problems or issues; how have you stayed positive?

A4: By networking with your colleagues across the province through the Branch Exec!



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# Interested in teaching FOODSAFE™?

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# WANT TO SEE YOUR VOICE ON THESE PAGES?

The BC Page team is seeking an Assistant Editor.

Reach out to Stacey Sowa at bcpageeditor@ciphi.bc.ca for more info!

# NOW RECRUITING

What can a role with the BC Branch Executive offer you?

Find out more by contacting president@ciphi.bc.ca or one of the existing executive members listed on Page 16.

# Baby Announcements



Elizabeth Thomson and husband, James Saunders, welcomed Euan Alexander Saunders on November 19, 2021 weighing in at 9lbs 70z.



Congrats!



# What's new with CoPE?

We have improved Member resources!

# \*BRAND NEW\* MEMBER SERVICE CENTRE (MSC)



Members can access MSC login two ways:

- 1) Type ciphi.in1touch.org into a url browser
- 2) Visit CIPHI home page
  - Click yellow login button (top right of page)
  - Click the MSC quick link (at bottom)

### PROFESSIONAL DEVELOPMENT (PD) MODEL



The <u>PD Model</u> has been updated to provide support to Members with their ongoing professional development. Some changes include the required number of annual PDHs, category and subcategory definitions.

# PROFESSIONAL DEVELOPMENT HOURS (PDH) ENTRY TOOL



The <u>PDH entry tool</u> has been refreshed and streamlined to assist Members in correctly entering their PDHs. Keep this tool handy when entering your PDHs.

### **YOUTUBE VIDEOS**



Visit <u>CIPHI's youtube</u> channel to learn how to navigate through the new MSC portal

- 1) How to log into the MSC portal
- 2) How to submit PDHs
- 3) How to submit a Declaration of Reduced Hours

### **ADDITIONAL RESOURCES**



- Member Service Centre (MSC) Entry Guide
- Professional Learning Plan Template
- Discipline Specific Competencies
- Frequently Asked Questions

# Keep up to date on the latest news at the BC Branch website:

www.ciphi.bc.ca

The page also contains information on membership, conferences, career opportunities, documents, and much more. Check it out regularly.

# Did you know the BC Branch is on Facebook and Twitter?



Click on the icon to find the BC Branch on Facebook and *Like* the page.



Click on the icon and *Follow* the BC Branch on Twitter.



APRIL 22, 2022

Image Source: https://www.vectorstock.com/royalty-free-vector/world-map-earth-globe-cartoon-vector-26749137

# Retirement – Michele Radnidge



On September 1990, a young Michele Radnidge started her career in the vector program for Richmond Health Services of the Richmond Health Board before it became what we know today as Vancouver Coastal Health. After 32 years, Michele finally decided that it was time to take her well earned retirement and embark on new adventures; from what I've been told her husband Ian has been very keen for this day too.

February 28, 2022, marked the official last day of Michele's career as the Senior Environmental Health Officer in Richmond, though the very next day she would be hired back as a casual employee to help assist with a lead sampling project, visiting over 80 sites and collecting over 100 samples within a two week period. This was just one of many examples showing the dedication and commitment to environmental health that Michele has always shown.

Throughout Michele's career, she has mentored and led countless EHOs via the Richmond office, whilst engaging with pretty much all of environmental health at one point in time or another. She accomplished this by being the lead SEHO in Richmond for the Food Safety, Drinking Water, and Recreational Water programs. Michele has been a part of setting up some long standing programs that have evolved over time such as the vector program, Night Market, Pool Safe Courses, and the list goes on and on. We really want to thank Michele for all her years of dedication to the field and wish her the very best into her retirement.

Jessica Ip

# YOU KNOW WHAT REALLY GRINDS MY GEARS...

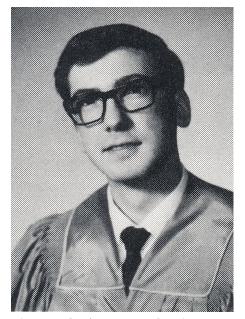


"When a mobile operator lets you know they are ready to roll and you show up to nothing plugged in, water tanks empty, and no surface sanitizer"

Please submit your "heard it a thousand time before one-liners" that you hear in the field over and over and your EPHP pet peeves to <u>bcpageeditor@ciphi.bc.ca</u>. Let's all share in the hilariously annoying joys of our environmental public health experiences.

# In Memoriam—James (Jim) Edward Brookes

### April 15, 1947 - March 21, 2022



Jim Brookes' BCIT Graduation picture from BCIT's first graduating class, circa 1969.

#### Jim fought an eight year long battle with cancer.

Jim is survived by his loving wife Kerrin, sister Florence Brookes, brother and sister-in-law Bill and Peggy Brookes, nephews Scott (Audree), Patrick (Romina), David (Fiona) and Michael (Erin), also, sisters-in-law Bev Cooke, Linda Cupples, (Jim) and Bonnie Miller (Lloyd), and their families.

Jim was a loving husband, brother and brother-in-law. He lived life. He loved to just walk with his camera in hand and take pictures especially of birds, flowers and animals. He loved to travel and enjoyed the different places we went and documented them well with his camera.

He enjoyed our summer visits from all the nieces and nephews. Jim was in the Lions Club for 20 years as the Secretary/Treasurer and was very dedicated. He enjoyed all the fundraising events. He also loved his garden and having all the fresh vegetables in the summer and sharing them with neighbours.

He is very sadly missed by his family and all who knew him.

Bob Weston who worked with Jim for much of his career stated, "Jim was in the first graduating class of BCIT. He worked most of his career as an EHO out of the Gibsons office on the Sunshine Coast. I remember Jim as a quiet, dedicated, and always pleasant member of the Coast Garibaldi team of inspectors. Jim was often seen in the community participating at events on behalf of the Lions Club. I can recall Jim enthusiastically helping my kids pick out a tree at the annual Lions Christmas tree sale."

Tim Roark BC Branch Historian



Jim Brookes at BCIT's 50 Year Celebration.



Check out Volume 65, Number 1, April 2022 edition of the Environmental Health Review

# **BC Branch Executive 2021**

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# **Editorial Policy**

The objective of this newsletter is to keep the members of the BC Branch and other colleagues informed of the local and national events that are of interest and importance to them.

The views, comments, or positions of the BC Page are those of the Editorial Team or the author and do not necessarily reflect those of either the BC Branch or the Canadian Institute of Public Health Inspectors.

The Editorial Team reserves the right to edit material submitted, solicited or unsolicited, for brevity, clarity, and grammatical accuracy.

# **Advertising Policy**

The BC Branch will accept advertising relating to health & environmental issues, products, and services. Advertisements that the editorial team concludes are contrary to good public health practice or environmental protection goals, or those deemed offensive or not in good taste, will not be accepted.

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